

Edible or Medicinal Plants		Edible	Medicinal
Alderleaf Mountain Mahogany	<i>Cercocarpus montanus</i>		M
Arrowleaf Balsamroot	<i>Balsamorhiza sagittata</i>	E	M
Bitterroot	<i>Lewisia rediviva</i>	E	
Blue Camas	<i>Camassia quamash</i>	E	
Blue Elderberry	<i>Sambucus cerulea</i>	E	M
Blue Flax	<i>Linum lewisii</i>	E	M
Blue-eyed Grass	<i>Sisyrinchium montanum</i>	E	
Candle Anemone	<i>Anemone cylindrica</i>		M
Chokecherry	<i>Prunus virginiana</i>	E	M
Clarkia	<i>Clarkia pulchella</i>		M
Common Snowberry	<i>Symphoricarpos albus</i>	E	M
Curl-cup Gumweed	<i>Grindelia squarrosa</i>		M
Curl-leaf Mountain Mahogany	<i>Cercocarpus ledifolius</i>		M
Field Pussytoes	<i>Antennaria neglecta</i>		M
Fireweed	<i>Chamerion angustifolium</i>	E	
Fringed Sage	<i>Artemisia frigida</i>		M
Geyer's Onion	<i>Allium geyeri</i>	E	M
Giant Hyssop	<i>Agastache urticifolia</i>	E	M
Golden Currant	<i>Ribes aureum</i>	E	M
Goldenrod	<i>Solidago missouriensis</i>	E	M
Harebell	<i>Campanula rotundifolia</i>	E	M
Kinnickinnick	<i>Arctostaphylos uva-ursi</i>	E	M
Lewis' Monkeyflower	<i>Mimulus lewisii</i>	E	M
Mountain Big Sage	<i>Artemisia tridentata</i>		M
Nodding Onion	<i>Allium cernuum</i>	E	M
Old Man of the Mountain	<i>Hymenoxys grandiflora</i>		M
Oregon Grape	<i>Mahonia (Berberis) repens</i>	E	M
Oregon Sunshine	<i>Eriophyllum lanatum</i>	E	M
Pasqueflower	<i>Anemone patens</i>		M
Pearly Everlasting	<i>Anaphalis margaritacea</i>		M
Pin Cherry	<i>Prunus pensylvanica</i>	E	
Pioneer Violet	<i>Viola glabella</i>	E	M
Ponderosa Pine	<i>Pinus ponderosa</i>		M
Potentilla	<i>Potentilla fruticosa</i>		M
Prairie Coneflower	<i>Ratibida columnifera</i>		M
Prairie Smoke	<i>Geum triflorum</i>		M
Prickly Pear	<i>Opuntia polyacantha or fragilis</i>	E	M
Purple Coneflower	<i>Echinacea angustifolia</i>		M
Quaking Aspen	<i>Populus tremuloides</i>		M
Red-Osier Dogwood	<i>Cornus stolonifera</i>	E	M
Rocky Mountain Iris	<i>Iris missouriensis</i>		M
Rocky Mountain Juniper	<i>Juniperus scopulorum</i>	E	
Rosy Pussytoes	<i>Antennaria microphylla</i>		M
Round-leaf Alumroot	<i>Heuchera cylindrica</i>	E	M
Russet Buffalobery	<i>Shepherdia canadensis</i>	E	M
Serviceberry	<i>Amelanchier alnifolia</i>	E	M
Showy Milkweed	<i>Asclepias speciosus</i>		M
Silver Sage	<i>Artemisia cana</i>		M
Silvery Groundsel	<i>Senecio canus</i>		M
Stonecrop	<i>Sedum lanceolatum</i>	E	M

Sweetgrass	Hierochloe odorata		M
Tri-lobed Sumac	Rhus trilobata	E	M
Twin Arnica	Arnica sororia		M
Water Birch	Betula occidentalis		M
Wax Currant	Ribes cereum	E	M
Western Columbine	Aquilegia formosa		M
Western Gromwell (Puccoon)	Lithospermum ruderales	E	M
Western Larch	Larix occidentalis	E	M
Western Meadowrue	Thalictrum occidentale		M
White Sage	Artemisia ludoviciana		M
White Spiraea	Spiraea betulifolia		M
White Virgin's Bower	Clematis ligusticifolia		M
Wild Bergamot	Monarda fistulosa	E	M
Wild Chives	Allium schoenoprasum	E	M
Wild Geranium	Geranium viscosissimum	E	M
Wild Strawberry	Fragaria virginiana	E	M
Wood Strawberry	Fragaria vesca	E	M
Woods Rose	Rosa woodsii	E	M
Yarrow	Achillea millefolium		M
Yellow Columbine	Aquilegia flavescens	E	
Yellow Evening Primrose	Oenothera flava	E	M
Yellow Monkeyflower	Mimulus guttatus	E	M
Yucca	Yucca glauca	E	M